

# BEACH WEEK



## PARENT GUIDE 2021

### **CAMP LOCATION:**

Laguna Beach Christian Retreat  
20016 Front Beach Road  
Panama City Beach, FL 32413  
850-234-3502t (office)

### **CONNECT @ CAMP**

INSTAGRAM: @rhccstudents | CAMP HASHTAG: #rhbeachweek21

### **6.14.21 – DEPARTURE**

Registration: 7am  
Departure: 8am SHARP

### **6.18.21 – RETURN**

Estimated Return Time: 4pm

You will receive updates on social media and via text to communicate our exact ETA

# WHO'S WHO? #rhbeachweek21

## CAMP LEADERSHIP & CONTACT INFORMATION:

<b>Brandon Billups</b>	High School Pastor	940.367.7946
<b>Jenn Hendrich</b>	Middle School Pastor	863.669.5538
<b>Kyndal Kearns</b>	Student Ministry Worship Leader	770.891.0660
<b>Melissa Riley</b>	Nolensville Student Director	501.690.7447
<b>Chase Baker</b>	Family Pastor	615.347.6882
<b>Melanie Lord</b>	Camp Medic	melanielord81@gmail.com
<b>Kathy Koon</b>	Camp Counselor	kathy.koon@rollinghills.church

### GIRL SMALL GROUP LEADERS

#### MIDDLE SCHOOL

Velvet Bechard  
Sarah Krell  
Sara Ingmire  
Emily Holcombe  
Shannen Perry  
Katie Styblo  
Lynn Hendrich  
Miranda Kokes  
Elise Tepner  
Misty Woodford

#### HIGH SCHOOL

Karen Dassow  
Mel McDonald  
Caree Clark  
Amie Hassler  
Rosanna Williams  
Mary Katherine Hunt  
Rossana Williams  
Charlotte Keeny  
Lisa Orrick

#### NOLENSVILLE

Lauren Moses

### GUY SMALL GROUP LEADERS

#### MIDDLE SCHOOL

Ron Carr  
Jason Gottwals  
Raphy Villas  
Phil Baker  
Bob Garges  
Craig Hendrich  
Dave Styblo  
Gordon Boutwell  
Zach Teige  
Rob Vantrease

#### HIGH SCHOOL

Scott Koon  
Jay Williams  
William Holcomb  
Bill Edmondson  
Josh Hollandsworth  
Evan Carr  
Darin Clark

# IMPORTANT INFO

## ELECTRONICS @ CAMP

Campers are asked to leave all electronic devices at home. In the event that campers bring electronic devices, these will be collected by their Small Group leader and returned by arrival on Friday. This includes mobile phones, gaming devices, iPods, iPads, Ataris, fax machines, etc.

First, it's a safety and security issue. Second, it can be a big distraction. Third, these are typically expensive devices. We'd like to help you minimize the possibility of lost or damaged items.

Campers have permission to call home using a leader cell phone at ANY time.

## MONEY @ CAMP

There is a small retail shop on-site where campers will have the option to buy snacks, drinks, and ice cream. Your student will spend whatever you send—please plan accordingly.

## MISSIONS

On Thursday evening, Students will have the opportunity to give to a missions offering for **Justice and Mercy International** ([justiceandmercy.org](http://justiceandmercy.org)). This offering will go toward relief efforts in the Amazon and Moldova.

## MEDICINE @ CAMP

Please follow these instructions when sending over-the-counter and prescription medications to camp for your kids.

1. PRESCRIPTION MEDICATION should be put in a daily pill organizer and should be separated into the appropriate days. The organizer must be clearly labeled with your child's name, grade, and gender.
2. Bring any OVER-THE-COUNTER MEDICATIONS in their sealed container. Clearly label the outside of the container with your camper's name.
3. Bring an INDEX CARD with your child's name and a list of the medication[s] they need to take at camp along with administration instructions [i.e.: time of day, with food, etc.]. If applicable, put prescription instructions and over-the-counter instructions on opposite sides of the card.
4. Place any prescription medication, over-the-counter medication, and the applicable index card into ONE ZIPLOC BAG clearly labeled with your child's name.
5. Do not pack your ziploc bag. Instead, turn in ALL medications at check-in on the morning of departure. There will be a table specifically for medicine drop off at check-in.
6. Contact our camp medic, Melanie Lord, at [melanie.lord81@gmail.com](mailto:melanie.lord81@gmail.com) with any specific medication needs or questions prior to camp departure.

Please note: We will have Tylenol and Ibuprofen on hand, if needed. We are carrying a fully stocked First Aid kit as well. Thanks for helping us keep kids and students safe while at camp!

## ALLERGIES @ CAMP

Campers with food allergies at camp are encouraged to bring appropriate snacks along to camp. Based on the information you provided in your registration and completed waivers, we will be in touch with Laguna Beach Christian Retreat about your student's needed alternative food options at each meal.

\*Parents whose student needs an EpiPen at camp should provide that information on an index card turned in along with other medicines at registration. The card should contain the child's name and reason for the EpiPen. Specific details about carrying and administering the pen should be discussed with a member of the medic team prior to leaving for camp.

## THREE STRIKE RULE @ CAMP

We want everyone to have the best week possible. If we are having trouble with any student's behavior, they have three chances. Their 1st strike is a warning. On the 2nd strike, parents will get a phone call explaining the situation. On the 3rd strike, parents must come pick up the student from camp. We obviously don't expect this to be an issue for anyone! However, we want to make sure every person comes to camp knowing what is expected of them.

Behaviors that will not be tolerated:

1. Physical Altercation
2. Disrespect
3. Inappropriate Language
4. Choosing not to follow Camp Rules

## BEACH SAFETY

Beach Safety and ocean safety is of the utmost importance to our team while we are away at camp. This is why we have developed a safety plan that we will be executing at camp. Students will not have free reign to go into the ocean whenever they want or wherever they want. There will be specific times and places where they have access to the beach, and it will be under the supervision of our leaders and beach safety team.

## TRACKS

Part of our daily afternoon schedule will include a track time each day. Tracks will be a mixture of game and/or class style options. Students will be placed into tracks prior to leaving for Beach Week and they will find out their placements in their schedules upon arrival. We want students to have a say in their choices, so a quick online form will be sent to you in the coming weeks where they can communicate their preferences.

## JUNIOR/SENIOR EXCURSION

On Wednesday afternoon, juniors and seniors will be taking a special excursion to Shell Island by pontoon boat with Brandon and their leaders. This excursion is just for them. They are welcome to pack snorkeling gear as this is a great area for snorkeling!

# EXPECTATIONS OF STUDENTS @ CAMP

1. **Respect each other and their belongings**
2. **Respect the camp and the beach**
3. **Never go anywhere alone (Buddy System)**
4. **Leaders need to know where students are at all times**
5. **Always be where you are supposed to be**
6. **Be on time to all activities**
7. **Listen to your leader without hesitation**
8. **Wear your name tag at all times unless in the water**
9. **Profanity and cursing are not allowed**
10. **Girls do not go in boys' rooms, boys do not go in girls' rooms**
11. **Be positive—Cut downs and negative comments are not allowed**
12. **No pranking**
13. **Bullying will not be tolerated**
14. **Always adhere to the dress code**
15. **No PDA**
16. **You are not allowed to bring any of the following: firearms, knives, alcoholic beverages, tobacco products/vapes, drugs, fireworks, phones**
17. **Only enter the ocean at your designated time in the designated beach area, following all beach safety guidelines and system**
18. **Quiet hours are 11pm—7:30am**
19. **3 strikes and you're out**
20. **Never cross the street**
21. **Never go anywhere with students or leaders from another church group**

# PACKING INFORMATION

## WHAT TO PACK

- Reusable Water Bottle
- Bible and pen—students will receive a Camp Book to use throughout the week upon arrival
- Clothes (please don't forget underwear and socks)
- Rain jacket or poncho is suggested
- Clothes that will get messy and/or wet—this could be an every day occurrence at Rec
- Clothes in your team color (see next page)
- Swimsuit—modest one-piece -or- a two-piece tankini where the top is long enough to touch the bottoms for girls, no speedos for guys. Please note: if it is deemed the swimsuit is not modest enough, camper will be required to wear a t-shirt or tank top over the swimsuit
- A variety of footwear:
  - Closed-toe shoes for Rec—again, these can and will get messy!
  - Flip-flops for shower and/or ocean
- Toiletries—soap, deodorant, shampoo, toothbrush, toothpaste, etc.
- Beach AND bath towels
- Bedding - Twin size fitted and flat sheet (or sleeping bag), blanket, and pillow
- Flashlight
- SUNSCREEN, chapstick, bug spray
- Medicine—see MEDICINE @ CAMP section for specific instructions
- Snacks in closed containers—no nuts
- Money for camp store
- Money for Missions Offering (JMI)
- Backpack
- Sunglasses

## WHAT NOT TO PACK

- Phones, iPods, iPads, Apple Watches & other texting-enabled watches, any electronics
- Fireworks
- Drugs, tobacco products – including vapes, alcohol
- Weapons of any kind
- Snacks with nuts

## DRESS CODE

We ask that students and adults dress modestly. Shorts need to be longer than your fingertips when your arm is extended down the side of your leg. Please do not wear shirts where undergarments can be seen. Girls: Swimsuits must be one piece -or- a two-piece tankini where the top is long enough to touch the bottoms. When not swimming, all students must wear shirts & shorts or a coverup at all times (including when walking to/from the beach or pool).

# TEAMS

**6TH GRADE GIRLS**

**RED WATERMELONS**

**6TH GRADE GUYS**

**BLUE NARWHALS**

**7TH GRADE GIRLS**

**ORANGE CLOWNFISH**

**7TH GRADE GUYS**

**SILVER SHARKS**

**8TH GRADE GIRLS**

**YELLOW PINEAPPLE & POPSICLES**

**8TH GRADE GUYS**

**GREEN PALM TREES**

**9TH GRADE GIRLS**

**BLUE SEA LIONS**

**9TH GRADE GUYS**

**GREEN GATORS**

**10TH GRADE GIRLS**

**RAINBOW SPARKLE UNICORNS**

**10TH GRADE GUYS**

**RED LOBSTERS**

**11TH & 12TH GRADE GIRLS**

**PINK DONUTS & FLAMINGOS**

**11TH GRADE GUYS**

**BLACK SUNGLASSES**

**12TH GRADE GUYS**

**BLACK KILLER WHALES**

**NOC HIGH SCHOOL GIRLS**

**PURPLE JELLYFISH**

# FOR PARENTS

## SENDING YOUR STUDENT TO CAMP AND WELCOMING THEM HOME:

We love RH Camp! We believe summer camp can have a deep impact on your child's life in the friendships they create and taking next steps in their faith journey. Knowing the impact RH Camp can have on your child, we believe you can help set up their camp experience and continue the conversation when they get back. Here are a few tips that can help guide you as you prepare to send your child away.

## SENDING

**PRAY.** This seems self explanatory, but this is one of the absolute best ways to prepare your child for their camp experience. Specific things to pray for: Travel, adult leaders, deep friendships, Bible Study time, connect during recreation, worship experience, deeper understanding of God's grace and love, etc.

Another great idea is to gather as a family on the morning of camp to pray over your child.

**TALK IT UP.** We want you to be just excited about the experience they will have at camp as they are. This is a week that could have a deep impact not only on your child, but your family. We pray that what they experience at camp will be expressed in how they live for Christ in the context of your family as well. By Talking it Up, you could also alleviate some stress or anxiety going into camp.

**BE PREPARED.** Comb through the packing list, go over rules, complete medical release forms, and complete payments (if you haven't already done so). The day you drop them off to leave for camp needs to be as stress free as possible.

**ENCOURAGE.** One idea is to take some time to write a letter to your child. Slip a note in their bag before they leave or hand it to them right before they get on the bus.

## RECEIVING

**CONTINUE THE CONVERSATION.** After camp, the easy thing to do is move on to your other summer activities without revisiting the things they learned at camp. This is understandable because you weren't there to experience it with them, but this is a great opportunity to ask questions about their experience and how you can help them continue spiritual growth throughout the year. By the way, it's totally normal for some kids to immediately regurgitate every detail, but others may need a day to process and decompress before they talk with you.

**NEXT STEPS.** Something that may come from your child's camp experience are ideas about how your family can then take next steps of faith together. Use their experience to be a catalyst for your entire family. Strike when the iron is hot.

**WE LOVE YOU ALL AND ARE HONORED TO HAVE YOUR CHILDREN AT CAMP WITH US THIS YEAR!  
BLESSINGS,  
BRANDON BILLUPS & JENN HENDRICH  
STUDENT MINISTRY TEAM**