

**Basic Truth:**

God  
made me.

**Key**

**Question:**

Who  
made me?

**Bottom**

**Line:**

God  
made me.

**Memory**

**Verse:**

"I am fearfully  
and  
wonderfully  
made."

Psalm 139:14

**Bible Story**

**Focus:**

God made me  
to help others!

**Memory Verse with Motions:**

*Before the Activity:* Say the memory verse and do the motions in front of the children.

*I am (point thumbs to chest) fearfully (right arm muscle) and wonderfully (left arm muscle) made, (clap hands together) Psalm 139:14 (hold hands open like a book).*

*During the Activity:* Say the verse again with the motions, and invite the children to do it with you. Repeat several times.

*Before the Activity:* "I'm going to say our new memory verse. Everyone, watch me! *I am (point thumbs to chest) fearfully (right arm muscle) and wonderfully (left arm muscle) made, (clap hands together) Psalm 139:14 (hold hands open like a book).*"

*During the Activity:* "Now, let's do it together! Are you ready? *I am (point thumbs to chest) fearfully (right arm muscle) and wonderfully (left arm muscle) made, (clap hands together) Psalm 139:14 (hold hands open like a book).*"

*After the Activity:* "Our memory verse tells us that God made us. We are fearfully and wonderfully made! **Who made you? [Bottom Line] God made me!**"

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Psalms 139:14

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**Bible Story**

**Focus:**  
God made me  
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**Helping Hands:**

**What You Need:** Blank paper and crayons. Use the paper and crayons to trace your child’s hands. Decorate your handprints.

**What You Do:**

*After the Activity:* Talk about ways we can be helpers.

**What You Say:**

*During the Activity:* “Friends, God made us to be helpers. What is this a picture of? That’s right...hands! How can we use our hands to help others? Who do you know that is a helper?”

*After the Activity:* “Nurses, teachers, and police officers are helpers. Tabitha was certainly a helper. She made clothes for people as a way to help. And YOU are all helpers, too! Remember, God made you to help others! Why? Because He loves you. **Who made you? [Bottom Line] God made me.**”