

BIBLE STORY

The Way

Jesus prays in
Gethsemane
Matthew 26: 36-56

MEMORY VERSE

*Don't do anything
only to get ahead.
Don't do it because
you are proud.
Instead, be humble.
Value others more
than yourself.*
Philippians 2:3 (NIRV)

LIFE APP

Humility

Putting others first by
giving up what you
think you deserve.

KEY QUESTION

How do you put
others first?

BASIC TRUTH

I should treat others
the way I want to be
treated.

Activity: Bible Story Extension

[Talk about God | Bible Story Review]

Made to Move: an activity that increases the oxygen in the brain and taps into the energy in the body

What You Need: No supplies needed

What You Do:

- **Divide** your family into two teams.
- **Read** the following statements aloud, one at a time, and ask kids to decide as a team if it's true or false.
 - Both teams can discuss quietly amongst themselves and then use their bodies to either spell "true" or "false."
 - Challenge kids to get creative in how they spell true and false, trying not to do it the same way twice!
- At the end, the team that got the most answers right is the winning team!
- **Discuss** any answers the kids don't get correct.

T/F Statements

- 1) The disciples completely understood what Jesus told them when they ate dinner together. (*False, His words didn't make sense to them*)
- 2) The disciples took Jesus to the Garden of Gethsemane so they could pray for Him. (*False, Jesus took them to the Garden of Gethsemane so that He could pray*)
- 3) Jesus was sad, His soul was tired, and He was not looking forward to what was coming (*True*)
- 4) His friends kept watch the whole time Jesus went alone to pray. (*False, they fell asleep*)
- 5) Jesus asked God, His Father, to take the suffering away from Him but also trusted God's plan and wanted to do what God wanted. (*True*)
- 6) After Jesus woke up His friends and asked them again to keep watch over Him while He prayed, they managed to stay awake and be good friends to Him during His time of need. (*False, they fell asleep again!*)
- 7) Peter helped Jesus and saved Him when he used his sword to cut off the priest's ear. (*False, Jesus told him to stop and healed the man's ear immediately*)
- 8) Jesus' friends stayed with Him and supported Him while he was arrested and taken away. (*False, they ran away, afraid, and left Him.*)

- **Ask:** Have you heard the phrase "hindsight is 20/20"?
 - **Explain** what it means if your kids don't fully understand the phrase.
 - **Ask:** How do you think Jesus' friends felt about that night when they looked back and remembered everything that happened? (*Sad, guilty, like they let Him down, scared, unsure.*)
 - But did you notice how Jesus handled it all? He knew what was going to happen—He told them about it before it even happened—and He still loved his friends and cared about them so much.

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Gospel Moment

When Jesus was in the garden praying, He was talking to His Father. Jesus asked if there could be another way to complete His mission. But in the end, Jesus chose to do what He had come to do because it was part of God's bigger plan. This was ALWAYS God's plan from the very beginning—from the moment God created the earth and everything in it. Jesus knew that HE was God's amazing rescue plan. Everything in God's plan led up to Jesus, the Savior of the world. Jesus knew what was coming next—that He would have to die on the cross so that we could be forgiven of our sins. Jesus **[Bottom Line] put others first**. He took the hard road. He chose to take on something that was difficult and painful so that we could have eternal life.

Discussion Questions

- How have you put someone first recently?
- Why are certain people easier to put first than others? Without naming names, who is easier? Who is harder?
- Our world is often "all about me," so how can you live the upside-down, others-first, life instead?
- How can you put others first this week? Who is someone specific you can put first and how are you going to do it?

Prayer

God, thank You for hearing our prayers and knowing our hearts and all the hard things in our lives. Please show our friends and family and US that You are with us and that You care. Thank You for Jesus. We ask that You make us more like Him and help us to put others first and value others more than ourselves. Amen!