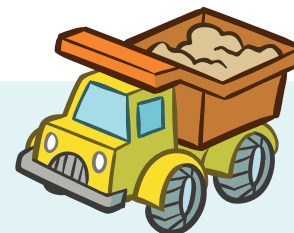


Have fun learning and playing
with your preschooler!



First, watch
this week's
video!



Bible Story

Mary and Martha
(Luke 10:38-42)

Remember This

"A friend loves at all times."
Proverbs 17:17, NIV

Say This

Who loves you?
Jesus loves me.

Activity

Time

What You Need

Cell phone or kitchen timer

What You Do

Set the timer for 10 seconds. Have your child lie on the floor and wait for the timer to go off. When the timer goes off, instruct them to jump up and do an activity. When the activity is done, ask the children to lie back down. Reset the timer. Repeat with another activity. Activities are: Jumping jacks, spin, hop on one foot, clap, and touch toes. Repeat as desired.

Say "We're going to spend time together doing something super-fun. Lie on the floor and be very still. I will set the timer. (*Hold up.*) When you hear the timer go off, jump up and clap your hands. Are you ready? Nice job! It's time to do another one! This time when you jump up, let's do jumping jacks! (*Continue with other movements.*)"

"That was so much fun spending time playing this game. Today, we heard about someone who wants to spend time with us. Do you remember who it is? (*Pause.*) Yes! It's Jesus. Jesus wants to spend time with us. We can spend time with Jesus when we pray, when we sing and dance to our praise songs, and when we read our Bible. Jesus loves you and wants to be your friend forever. Jesus wants to spend time with you. **Who loves you? Jesus loves me.**"

Prayer

"Dear God, it is an amazing feeling knowing that Jesus loves us and wants to spend time with us. Jesus really is the best friend we could ever have. Thank You that we can spend time with Jesus anywhere. I pray we will remember that wherever we are, we can stop and spend time with Jesus. We love You, God. In Jesus' name, amen."